10m Walk & Timed Up and Go

Patient Identification Information [   ]

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(Outcomes.10mWALKTUGNeuroPsychCompCode) **Test Completion Code**
- ☐ 1.0 Test not done
- ☐ 2.0 Test attempted but not completed
- ☐ 3.0 Test completed

(Outcomes.10mWALKTestNotDoneOptions) **Test not done**
- ☐ Not attempted - Patient not available
- ☐ Not attempted - Examiner error
- ☐ Not attempted - Cognitive/neurological deficits
- ☐ Not attempted - Non-neurological/physical reasons
- ☐ Not attempted - Lack of effort/uncooperative
- ☐ Not attempted - Language
- ☐ Not attempted - Illness/fatigue
- ☐ Not attempted - Logistical reasons, other reasons

(Outcomes.10mWALKTestNotDoneOptionsOTHER) Please specify other reasons:
[   ]

(Outcomes.10mWALKTestAttemptdNotCompOptions) **Test attempted but not completed**
- ☐ Not completed - Examiner error
- ☐ Not completed - Cognitive/neurological deficits
- ☐ Not completed - Non-neurological/physical reason
- ☐ Not completed - Lack of effort/uncooperative
- ☐ Not completed - Language
- ☐ Not completed - Illness/fatigue
- ☐ Not completed - Logistical reasons, other reasons

(Outcomes.10mWALKTestAttemptdNotCompOptionsOTHER) Please specify other reasons:
[   ]

(Outcomes.10mWALKTestCompletedOptions) **Test completed**
- ☐ Test completed in full - results valid
- ☐ Test completed - Non-standard, results valid
- ☐ Non-standard administration - Other

(Outcomes.10mWALKTestComplNonStandAdminOTHER) Please specify other reasons:
[   ]

10m Walk
Date (Outcomes.10mWALKDate) (dd-mmm-yyyy)
[   ]

(Outcomes.10mWALKTest1) [   ]
Test 1 Time
Test 2 Time (Outcomes.10mWALKTest2) [   ]
Test 3 Time (Outcomes.10mWALKTest3) [   ]
(Outcomes.10mWALKBestTestTime) [   ]
Best Trial Time

Timed Up and Go
Date (Outcomes.TUGDate) (dd-mmm-yyyy)
[   ]

(Outcomes.TUGTimedResult) [   ]
Timed Result

Interpretation:
< 10 seconds = normal
< 20 seconds = good mobility, can go out alone, mobile without a gait aid.
< 30 seconds = problems, cannot go outside alone, requires a gait aid.

A score of more than or equal to fourteen seconds has been shown to indicate a high risk of falls.